

## **COLLECTION INSTRUCTIONS**

- 281-888-5158

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#### MATERIALS PROVIDED

- 1 Nasopharyngeal/Nasal Dry Swab
- 1 Specimen Bag
- 1 Sterile Transport Container
- 1 UPS/FedEx Clinical Pak & Label

#### SPECIMEN HANDLING

- Use freshly collected specimens for optimal test performance.
- Specimens can be stored at room temperature and shipped the same date as collected.
- If a delay in sample processing is expected, store dry swab specimens refrigerated and ship the next day.
- If collections are done on Friday, freeze the samples, and ship on Monday with ice packs.

#### SPECIMEN REJECTION

- Specimens not collected or shipped as instructed.
- · Incomplete specimen labeling or documentation.
- · Inappropriate specimen type.
- · Received specimen in laboratory after 72 hrs from collection at Room Temperature.

### TESTS INCLUDED

#### Bacteria

Mycoplasma pneumonia Klebsiella pneumonia Bordetella parapertussis Bordetella pertussis Streptococcus pneumonia Haemophilus influenzae Legionella pneumophila Chlamydia pneumonia

#### Virus

Respiratory syncytial virus Influenza A Influenza B SARS-CoV-2 Rhinovirus Enterovirus Coronavirus (229E, HKU1, OC43, NL63) Parainfluenza virus (1-4) Human adenovirus Human bocavirus

### MINI RPP PANEL

Human metapneumovirus

#### Virus

Respiratory syncytial virus Influenza A Influenza B SARS-CoV-2



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## Nasal Swab Collection Instructions for Patients (Self-Collection)

### Pre-Collection Preparation:

- 1. Label the specimen transport tube with your name, date of birth, date and time of collection, and other relevant information required by the testing facility.
- 2. Wash your hands thoroughly with soap and water for at least 20 seconds.

#### Collection Procedure:

- 1. Prepare to collect your sample:
  - Stand in front of a mirror to help guide the swab placement.
  - Open the swab package without touching the soft tip.

#### 2. Insert the swab:

- Gently insert the soft tip of the swab about 1-2 cm (up to ¾ inch) into one nostril.
- The swab does not need to be inserted far just until the soft tip of the swab is no longer visible.

#### 3. Rotate and swab:

- Gently rotate the swab against the nasal wall for 5-10 times.
- Repeat in the other nostril with the same swab.

## 4. Place the swab in the transport tube:

o Carefully break the swab shaft at the breakpoint (if there is a breakpoint) and secure it in the tube.

#### Post-Collection:

- 1. Wash your hands again after handling the specimen.
- 2. Place the tube in the biohazard bag provided and seal it.
- 3. Return the sample according to the instructions provided by the healthcare facility or testing site.



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## Nasopharyngeal Swab Collection Instructions for Physician Office Collections

#### **Collection Procedure:**

- 1. Explain the procedure to the patient to ensure they understand and can cooperate.
- 2. Position the patient:
  - Patient should be seated with their head supported and slightly tilted backward.
- 3.Insert the swab:
  - o Gently insert the swab into the nostril, following the base of the nasal cavity parallel to the palate, not upwards.
  - Advance the swab until resistance is felt (usually about half the distance to the ear).
- 4. Rotate the swab:
  - Leave the swab in place for a few seconds to absorb secretions.
  - Gently rotate it 5-10 times...
- 5. Remove the swab carefully and place it in the transport tube.
- 6. Break the swab shaft at the breakpoint inside the tube (if there is a breakpoint) and securely cap the tube.



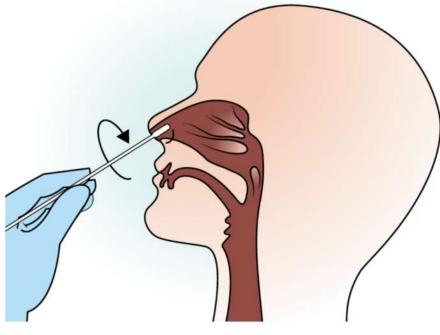
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### **Nasal Swab Collection Demonstration**



Nasopharyngeal Swab Collection Demonstration

